

Cost Effectiveness/Yield/Medical Economics Now Stool Administered by Mouth in Allopathic Medicine!!

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Urine treatment has been known for years as 'urine therapy'. It originally started in Germany, where urine used to be drunk (either the patient's own urine or some one else's urine, in case the patient was addicted to heavy alcohol, gutka or tobacco) for treating the patient. Urine can be given by mouth or as local eye /ear drops or even in the form of injection, and now in allopathic medicine you have to believe that stool of a relative is administered to a patient as treatment.

Colitis due to *Clostridium difficile* is a very common complication in hospitalized patients following administration of lots of antibiotics. It can also occur as a nosocomial infection in

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hospitalized patients. They complain of severe diarrhoea, often with blood and mucus. Many of them respond to stoppage of antibiotics and administration of metronidazole and vancomycin. But what about patients who do not respond? Recently I came across an article recommending 'faecal transplantation', where in order to change the flora of the colon, instead of giving probiotics, a relative's normal stool was administered to the patient either through Ryle's tube or through the colonoscope.

So there we are! Earlier we were laughing at doctors trying alternative medicine like drinking urine, and today we are trying to give 'shit' as a form of treatment. Since this condition is more common in surgical wards, now surgeons instead of teaching and writing NBM (Nil by Mouth), will be changing over to SBM (Shit by Mouth)!!!

THE STATINS IN PREVENTIVE CARDIOLOGY

Except for causing muscle discomfort, which was rarely severe enough to necessitate discontinuation of treatment with the drug, the statins have proved to be generally safe. Thanks to Endo's discovery of the statins, the lipid hypothesis no longer needs advocacy. The results speak for themselves.

The statins have revolutionized preventive cardiology, and they will undoubtedly continue to have a major role in the future.

Daniel Steinberg, N Engl J Med 2008; 359 : 1426-1427.